

ELIGIBLE CLIENTS - WANT TO JOIN US FOR LUNCH, BUT DON'T HAVE  
TRANSPORTATION - GIVE US A CALL.



# Wells Senior Citizens Center Menu



## April 2024

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5 EARLY BIRD
<b>HOT DOGS</b> on a Bun Potato Chips Baked Beans Dessert  <i>Milk or Juice</i>	<b>SWISS STEAK topped</b> Brown Gravy & Grilled Onions Baked Potato w/ Sour Cream & Chives Herbed Veg. Medley Whole Wheat Roll Pears	<b>HAM</b> Scalloped Potatoes String Beans Tossed Green Salad Ambrosia Salad  <i>Milk or Juice</i> <b>EASTER LUNCHEON</b>	<b>LEMON PEPPER COD</b> Brown Rice Mixed Vegetables Creamy Cucumber Salad Chocolate Pudding Topped w/ Whip Cream  <i>Milk or Juice</i>	<b>BISCUITS &amp; SAUSAGE GRAVY</b> Scrambled Eggs Seasoned Cubed Potatoes Peaches  <i>Milk or Juice</i> <b>FOOD BANK 9 - NOON</b>
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
<b>BAKED PORK TENDERLOIN</b> Baked Yams Green Beans Fruit Cocktail  <i>Milk or Juice</i>	<b>TUNA SALAD</b> on Whole Wheat Pita Minestrone Soup Strawberry Shortcake  <i>Milk or Juice</i> <b>ELKO TRIP</b>	<b>SLOPPY JOES</b> Tator Tots Peas & carrots Tossed Green Salad Fresh fruit  <i>Milk or Juice</i> <b>MAPNVCC - 11-1</b>	<b>BBQ CHICKEN</b> Sour Cream Potato Salad Baked Beans Tossed Green Salad w/ Kidney Beans Cherry Cobbler <i>Milk or Juice</i>	<b>SWEET AND SOUR CHICKEN</b> Steamed Brown Rice Egg Roll Tossed Green Salad  <i>Milk or Juice</i>
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19 EARLY BIRD
<b>TUNA MACARONI SALAD</b> Beef Vegetable soup Whole Wheat Roll Tropical Fruit  <i>Milk or Juice</i>	<b>CHEESEBURGER</b> Pasta Salad Crinkle Fries Vanilla Pudding w/ Whip Cream  <i>Milk or Juice</i> <b>MONTHLY BINGO!</b>	<b>CHEF SALAD</b> Lentil Soup Mandarin Oranges  <i>Milk or Juice</i> <b>SENIOR FOOD BOX</b>	<b>BBQ RIBS</b> Scalloped Potatoes Baked Beans Tossed Green Salad WW Roll Dessert <i>Milk &amp; Juice</i>	<b>OATMEAL</b> w/ Raisins & Granola Wheat Toast Strawberry Yogurt  <i>Milk or Juice</i> <b>FOOD BANK 9 - NOON</b>
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<b>CHEESE BROCCOLI STRATA</b> Potatoes O'Brien Winter Blend Vegetables Tomatoes Vinagrette Peaches <i>Milk or Juice</i>	<b>ROAST BEEF</b> Red Potatoes Mix Vegetable Cucumber Salad Roll Cake & Ice-Cream  <b>HAPPY BIRTHDAY</b>	<b>BAKED COD CAJUN STYLE</b> Parsley Butter Potato Baked Beans Fresh Mix Spinach Salad Pears <i>Milk or Juice</i>	<b>GRILLED HAM &amp; CHEESE</b> Potato Chowder Soup Tossed Green Salad w/ Kidney Beans Jell-O w/ Whip Cream  <i>Milk or Juice</i>	<b>LEMON BAKED TILAPIA</b> Baked Potato topped w/ Broccoli Cheese Sauce Tossed Green Salad Fresh Seasonal Fruit  <i>Milk or Juice</i>
Monday 29	Tuesday 30			
<b>COLD TURKEY SANDWICH</b> Tomato Basil Soup Cole Slaw Fruit <i>Milk or Juice</i>	<b>SPAGHETTI w/ Meat Sauce</b> Zucchini Garlic Toast Three Bean Salad Apple Sauce w/ cinnamon <i>Milk or Juice</i> <b>DIY CRAFT</b>			

\$3.00 Suggested Donation if age 60 or Over. \$6.00 Fee required if under age 60.

**CANCELLATIONS - Please call or Leave a message by 8:00 AM for delivery @ 752-3280 (MON. - FRI.) - Home Delivered Clients only**

Program Director: Gaila Montoya

LUNCH HRS: Immediately starts at 12:00 PM (MON. - THURS.)

Head Cook: Jose Salazar

BREAKFAST HRS. : 8:30 - 10:00 (FRIDAY ONLY)

NEW Breakfast HOURS

Assistant Cook/Transportation Driver: Bonnie Loehr

Please Note that Menu is subject to change without prior notice

NO ELIGIBLE PERSON SHALL BE DENIED A MEAL BECAUSE OF FAILURE OR  
INABILITY TO CONTRIBUTE.



# Wells Senior Citizens Center Activities

## April 2024



MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5 EARLY BIRD
		 <b>EASTER LUNCHEON TODAY!</b>		<b>Food Bank Drive-Thru Distribution Only</b>  <b>9 - Noon</b>
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
	<b>PICKUP/DEPARTURE</b>  <b>7:00 - 7:30 AM</b> <b>ELKO TRIP</b> <b>Weather Permitting</b> Call Senior Center to sign up on a First come basis Seats are limited	<b>MEDICARE</b>  <b>COUNSELING</b> <b>Resource Info. and Application Assistance</b>  <i>For more info call 775-753-4085</i> <b>11 - 1pm</b>		
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19 EARLY BIRD
	<b>MONTHLY BINGO!</b> <b>after lunch</b>  	<b>Senior Food Box Pick-up</b>  <b>After 8:00 a.m.</b>		<b>Food Bank Drive-Thru Distribution Only</b> <b>9-Noon</b>  <b>11:00 - 12:30</b> <b>Earth Day Event at Wells Band Gym</b>
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
 <b>HAPPY EARTH DAY</b>	 <b>HAPPY BIRTHDAY! LUNCHEON</b>			
Monday 29	Tuesday 30			
<b>1:00 PM</b>   <b>CRAFT TIME</b>  <b>CRAFT DAY DIY</b>			 <b>April SHOWERS BRING May FLOWERS</b>	

Program Director: Gaila Montoya  
 Head Cook: Jose Salazar  
 Assistant Cook/Transportation Driver: Bonnie Loehr

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